

CHIROPRACTIC CARE FOR CHILDREN

Millions of children around the world benefit from chiropractic care and more could if only they knew the benefits and safety.

The birthing process can be quite traumatic for a baby's head, spine and rest of the musculoskeletal system. As the soft, malleable bones of the child's skull shift and the neck is put into extension to ease the way through the birthing canal, forces act on the soft skeleton that can cause skeletal mal-alignments. Additional stresses from cesarean births, suction and forceps delivery can be traumatic to an infant's neck and spine, too.

The consequent misalignments may be associated with several childhood conditions including colic, asymmetric movements, restlessness, irritability, bedwetting, delayed developmental milestones and scoliosis. These misalignments in your baby or child can be corrected by your Chiropractor BEFORE they begin to cause symptoms.

Misalignments can compromise the function of major systems in the body.

The digestive system for example can be affected. Ineffective digestion of breast- or formula-milk can cause discomfort in your baby, leading to colic episodes for example.

Nerve supply is vital to the proper function of every system of the body. All body functions are controlled by messages from the brain sent via nerves. When nerves become "pinched," this vital communication system of the body is disrupted. This theory has now been supported by studies performed at the University of Southern Denmark. Dr. Niels Nilsson, a chiropractor and M.D. who co-authored the study, believes that the real problem of so-called colic can actually be found in the spine and back muscles. The body does not work efficiently if the nervous system cannot function optimally, and the nervous system does not work properly when the spine is misaligned and movement reduced. The researchers reported that colicky babies who underwent spinal adjustments cried far less than those who received the standard treatment drops.

Studies have also shown that bed-wetting of a none-infectious nature can be treated effectively by chiropractic manipulation.

A Chiropractor performs adjustments on your baby by applying gentle pressure with the fingers to the neck and back aligning the vertebrae. This restores normal function in your infant's nervous system, and thereby to the digestive tract, urinary tract and other related organs, giving a better opportunity to receive messages from the brain, bringing it to full normal potential.

Chiropractic care is the safest form of healthcare for your child as shown by numerous studies. In one particular study that looked at all the available medical literature worldwide over a period of 31 years, specifically focusing on chiropractic safety, there was only 1 questionable reported case of injury to a child as a result of chiropractic care.

Another study attempted to quantify the risk and determined the risk to be one in 700 million paediatric visits.

