

BABIES AND CHIROPRACTIC CARE

Any woman who has given birth can attest that childbirth is difficult. The birthing process can be quite traumatic for a baby's spine too, as the soft, malleable bones of the child's skull shift and move for the baby to enter the world. Additional stresses from **cesarean births, suction and forceps delivery** can be traumatic to an infant's neck and spine.

The consequent misalignments can be associated with several childhood conditions including colic and scoliosis. These misalignments in your baby or child can be corrected by your Chiropractor BEFORE they begin to cause symptoms.

Millions of children around the world benefit from chiropractic care and more could if only they knew the benefits and safety.

Can Chiropractor's ease colic?

Colic has been a diagnosis that has had medical professionals puzzled for decades and has been the cause for many questions. It has been postulated for example that if a delivery included a prolonged pushing stage or some form of assisted delivery (forceps or suction), the chances of a misalignment of the cranial bones and spine of the baby are great. Misalignments can compromise the function of major systems in the body. The digestive system can be affected. Therefore it has also been believed for a long time that the cramping and crying associated with colic can be linked to an ineffectively functioning digestive tract of the newborn.

Ineffective digestion of breast- or formula-milk can cause discomfort in your baby, leading to colic episodes.

Nerve supply is vital to the proper function of every system of the body. All body functions are controlled by messages from the brain sent via nerves. When nerves become "pinched," this vital communication system of the body is disrupted.

A study performed in Denmark in 1999 indicated that babies who had been diagnosed with colic and who received chiropractic spinal manipulation cried much less than babies who had not received spinal care. Dr Nilsson who was one of the co-authors of this study suggests that the crying and behavior of so-called colic babies might just be caused by spinal and muscle pain with resulting inefficient function of the nervous system.

A Chiropractor performs adjustments on your baby by applying gentle pressure with the fingers to the neck and back aligning the vertebrae. This restores normal function in your infant's nervous system, digestive tract and other related organs, giving a better opportunity to receive messages from the brain, bringing it to full normal potential.



Is Chiropractic care safe for children?

Numerous studies worldwide have shown that chiropractic is absolutely safe for babies and children. It is a gentle treatment therapy and extremely effective. In fact compared to other medical treatment modalities chiropractic is probably the safest health care option for your child.